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RAF LAKENHEATH, UK

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Mildly ill child care Provider copes with coughing kids

Get on the bus

New school
bus discipline
procedures

Month of the Military Child

Celebrating children's roles in the mission



JET 48 Vol. 30 No. 13
Friday, April 4, 2003

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ON THE COVER

Haylee Nicholson, 4, gives a good-bye hug to her dad, Staff Sgt. Lee Nicholson, 48th Civil Engineer Squadron, while being dropped off at the child development center. Photo by Senior Airman Lynne Neveu. For story, see Pages 12 to 13.

Jet48Commander's Forum

View from the top: USAFE commander applauds performance, teamwork

BY GEN. GREGORY S. MARTIN

U.S. AIR FORCES IN EUROPE COMMANDER

RAMSTEIN AIR BASE, Germany (USAFENS) — As we continue with our mission of disarming Iraq and liberating the Iraqi people from Saddam Hussein's oppressive regime, I want to commend the outstanding work that each and every U.S. Air Forces in Europe member has done day-in and day-out at an absolutely amazing level.

Whether you're an F-16 fighter pilot from Spangdahlem Air Base, Germany, flying your jet deep into the heart of enemy airspace; a security forces specialist at RAF Fairford, England, standing vigilant through the darkest night; or an information specialist at a forward deployed location, ensuring vital documents get to the right place at the right time — each and every one of you are contributing greatly to this campaign.

From the beginning stages of the current action, U.S. military forces, along side our coalition allies, have demonstrated strength, resolve, great professionalism and

restraint. These attributes, and the 'muscle' our Air Force brings to the current fight, are made stronger by your commitment and the capabilities each of you provide our team.

I know this commitment does not come without personal sacrifice. Our active role in the prosecution of this war brings long work-hours and time away from our families. I understand and appreciate the sacrifices you and your family have made and continue to make to a most demanding mission. In the end, because of your sacrifice and dedication, we will prevail.

As we forge ahead with Operation Iraqi Freedom, know that you are helping the Iraqi people set the conditions for a transition to a government that doesn't threaten its people or its neighbors and is focused on peace. From your performance, I know that you are ready for this daunting task and I couldn't be prouder to be on your team! Thanks for all you do for USAFE, the Air Force and the United States of America.

YOUR LINK TO THE COMMANDER

The Action Line is your direct link to me for complaints, suggestions or comments. It's not intended to replace the chain of command. When normal command agency channels haven't been able to resolve your concerns, call 226-2324, fax 7-5637, e-mail (Action.Line@lakenheath.af.mil), send through distribution (48 FW/PA), mail (48FW/PA, Unit 5210 Box 215 APO AE 09461-0215), or hand carry your Action Line to the public affairs office (Building 1085). You may remain anonymous; however, to receive a reply, please leave your name, unit, duty or home phone number, and full APO mailing address. Names are confidential.

John T. Beaman
48th Fighter Wing commander

Drop box dilemma

If we can't have a drop-off box for videos at the shopette, are their other drop boxes around the base? For example, there is a mailbox by the commissary entrance and another one by the base exchange approximately 15 meters from the door or 5 meters from the building. Also, there is a mail drop off slot at the British post office that leads directly into the building. It seems like the Army and Air Force Exchange Service has a problem with having a drop-off box to begin with. If one can't be outside the door, than why can't it be next to the street by

the parking lot? It would eliminate the car congestion in that area for people returning videos.

Thank you for your inquiry. We understand the convenience factor of video drop boxes, but job one is, and will continue to be, force protection. As you are aware, drop boxes could be targeted by someone wishing to do us harm. The size of the openings affords a terrorist ample space to deliver a substantial amount of explosive material.

I appreciate your concern about U.S. mailboxes located at the base exchange and commissary — we want everyone to think about force protection. The fact is U.S. mailboxes were modified so their openings were large enough for a normal sized letter to fit in, which greatly reduces the risk of someone introducing explosives into the mailbox.

The same applies to the mailbox at the British post office, where the staff is more comfortable with the box attached to their building, as it provides better control and protection of the mail.

We ask all of Team Liberty to be vigilant — force protection is everyone's business. Collectively, we can make a difference.

Myers rallies troops, gives support to war

BY GEN. RICHARD B. MYERS

CHAIRMAN OF THE JOINT CHIEFS OF STAFF

WASHINGTON, D.C. (USAFENS) — On Sept. 11, 2001, terrorists murdered thousands of innocent men, women and children on American soil. The Attack immediately plunged our nation into global war against terrorism. As part of our war to defend America, Operation Iraqi Freedom has begun.

The rulers of Iraq wield weapons of mass destruction and give

support to international terrorists. America, and our coalition partners, are determined to disarm Iraq of its weapon of mass destruction and destroy Iraq's safe haven for terrorists.

In doing this, we will liberate the Iraqi people from the terror, torture and misery they have suffered under a brutal tyrant.

We have a sworn duty to protect and defend the United States.

Taking the fight to the enemy has always been a key part of our military strategy. We will demonstrate to all that we fight not to impose our will, but to defend our freedom, and to extend that freedom and hope to the Iraqi people. Not only are you fighting to protect American freedoms, but to prevent terrorism in a troubled region that threatens peace throughout the world.

As you enter this fight, be confident that you are well prepared, well trained and well supported in the mission that lies ahead. Your families, your loved ones — indeed, your nation — stand united behind you. Take pride in the legitimacy and the necessity of your mission; show compassion for the lives this war will forever change; and rest assured the outcome is not in doubt.

I am proud of your sacrifice and service, and know you will perform your duty with courage and distinction that comes from serving in the finest American fighting force ever. Whether you are serving on foreign shores or protecting our homeland, our country is depending on you.

I am honored to serve with you as you carry freedom forward at this critical point in history. May God bless and protect each of you, your families, and the United States of America.



Myers

ACTION LINE

Mildly ill Child-Care Program begins

BY TECH. SGT. CLAUDETTE HUTCHINSON
48TH FIGHTER WING PUBLIC AFFAIRS

An RAF Lakenheath Family Child-care provider began caring for mildly ill children under a pilot program being tested here.

The Mildly Ill Child-care program is being tested here and at 24 other Air Force bases worldwide. The program is also due to start at Ramstein Air Base, Germany. The program's goal is to provide a place for parents using full time military child-care centers to take their children who are too sick for regular day care.

The program was tested here for the first time March 25 when Ramzee, daughter of Staff Sgts. Larry Miller, 100th Maintenance Operation Squadron, RAF Mildenhall, and Tanya Miller, 48th Medical Operation Squadron, who both work in mission-essential duties, became too ill to be cared for at the base's child development center.

Since Ramzee had to remain out of the CDC for 24 hours, she was referred to the

mildly ill child-care provider.

"My wife and I are both active duty, and we both work in mission-essential positions," said Larry. "Without this program one of us would have to stay home, or find someone to take care of our child, which is sometimes difficult."

This program benefits the parents and the military. Both Millers returned to work, which caused minimum interruption to the mission and their units, Larry said.

"While the program had not officially started, everything was in place," said Debra Strand, Family Childcare Provider coordinator. "The provider was already trained. So, when the need arose we thought it was the perfect time test the program."

Michelle Bursey, a family child-care provider for 10 years was selected to care for children in the mildly ill program. She received all the required training, to include caring for children with special needs.

The program is free to authorized users.

However, children must be enrolled in one of the base's full time child-care programs, and also be registered with the family child-care mildly ill program.

"Children enrolled in full time child-care program are not automatically enrolled in the mildly ill program; parents still have to register the child separately for this program," said Strand.

Parents cannot call the provider directly. Before a sick child is placed with the provider, coordination must be done between the child development center and full-time care programs, the hospital and the family child-care coordinator.

The coordination process prevents a child with certain illnesses from being placed in care which can affect other children, such as an asthmatic child being placed with a child with chicken pox. This is why referrals are made only by medical providers, Strand explained.

To register for the program, call 226-2994 or e-mail debra.strand@lakenheath.af.mil.

School bus office assumes bus discipline issues

BY EILEEN WILLIAMSON

SCHOOL LIAISON OFFICE

Beginning April 14, Department of Defense Dependents Schools bus offices will become directly involved in administering bus discipline. However, the school liaison offices will continue to facilitate communication with the military communities of RAF Lakenheath and RAF Mildenhall, as well as receive information about misconduct and misbehavior involving any illegal or criminal activities by students.

As before, misbehavior reports can come from the driver, a second adult passenger, students or parents. The bus office will complete an initial assessment of the report. Misbehavior witnessed by an adult will be assumed factual, and misbehavior not witnessed by an adult will be assessed for credibility. An investigation will be initiated to gather student and driver reports of the incident. Information will be judged as either credible or non-credible based on the preponderance of evidence provided (not beyond a reasonable doubt). Sanctions for all misconduct will be assigned using

SCHOOL BUS TABLE OF CONSEQUENCES

| Category | Examples of Infractions | First Referral | Second Referral | Third Referral | Fourth Referral | Fifth Referral |
|--------------------------------------|--|--|------------------------|---|---|---|
| A Minor Misconduct | 1- Boarding or exiting the bus unsafely, to include crossing in front of or behind the bus 2- No bus pass or improper bus pass 3- Standing while bus is in motion or not being properly seated 4- Obstructing an empty seat, door, stairs or aisle 5- Making excessive noise 6- Disturbing, insulting, or harassing other students 7- Public Display of Affection (PDA) 8- Eating, drinking, chewing gum 9- Using profane or obscene language or gestures 10- Littering | Verbal/Written Warning | 1-5 day bus suspension | 10 day bus suspension | 20 day bus suspension | Suspension of Riding Privileges for the Remainder of SY |
| B Serious Infractions | 1- Failure to comply (or disrespectful, talking-back, lying) with bus driver or other adult's instructions 2- Exchanging or refusing to show bus pass 3- Horseplay and spitting 4- Throwing objects at, within, or out of the bus 5- Sticking objects or body parts out the window/door 6- Full or partial nudity 7- Damage, theft, or pilfering <\$100 | 1-5 day bus suspension | 10 day bus suspension | 20 day bus suspension | Suspension of Riding Privileges for the Remainder of SY | |
| C Severe Offenses | 1- Tobacco or alcohol use 2- Sitting in driver's seat/tampering with controls 3- Interfering with driver 4- Unauthorized operation of emergency exits 5- Fighting, hitting, biting, pushing 6- Vandalism, damage, or theft >\$100 7- Any action that leads to a bus accident | 10 day bus suspension | 20 day bus suspension | Suspension of Riding Privileges for the Remainder of SY | | |
| D Criminal or Illegal Acts | 1- Possession or use of weapons or other prohibited items 2- Possession of illegal substances 3- Lewd or indecent acts 4- Threatening or causing injury to another person 5- Bomb threat | SCHOOL SUSPENSION/EXPULSION PROCEEDINGS INITIATED Serious Incident Report to appropriate authorities Notification to installation Commander via Schools Liaison Office (SLO) if appropriate | | | | |

Note:

- 1 - All rule infractions are cumulative in most cases for the SY. A series of minor infractions may result in serious consequences.
- 2 - All misconduct must be evaluated on a case-by-case basis. Depending upon severity, warnings, suspensions or expulsions may be deemed appropriate regardless of sequence or frequency of misconduct incidents.
- 3 - SLO to be informed when suspensions/expulsions from bus occur.
- 4 - Possession of weapons or prohibited items, controlled substances, alcohol or other serious incidents will be reported on DoDEA Form 4795 and may result in suspension or expulsion from school in addition to the loss of bus privileges.
- 5 - Discipline of students with disabilities must be consistent with the provisions of Encl. 5 to DoDEA Reg. 2051.1.

(Revised 18 March 2003)

the DODDS table of consequences.

Parents who dispute sanctions will attend a parent conference with the respective school principal. Further appeals will be sent to the local DODDS superintendent.



Photo courtesy of the 48th Fighter Wing Historian Office

50 years of news

Twelve of the 48th Tactical Fighter Wing's F-100s completed the Project High Wire upgrade in October 1963. High Wire brought increased weapons capability, removed excess weight, standardized and rewired the cockpit, and added a tail hook for barrier engagement. The remainder of the wing's F-100s completed the upgrade in 1964.

Liberty Warrior

Hometown: Meridian, Miss.

Time in service: three years, three months

Time on station: two years, 11 months

Role in mission: Jet engine mechanic

Hobbies: Drawing, playing video games, working out, listening to music and collecting model cars

Favorite movie/book: movie: "Coming To America" book: "Muhammad Ali"

How do you contribute to the wing mission? I run Pratt and Whitney F-100-220 and F-100-229 engines at 48th CMS test cell.

What does the Air and Space Expeditionary Force concept mean to you? Being ready to do what needs to be done wherever and whenever called upon by the Air Force

What do you like best about the Air Force? I like the opportunities to travel. I love going places and seeing things that I never thought I'd see in person.

If you could change one thing about the Air Force, what would it be? I would change the Weighted Airman Promotion System and specialty knowledge test procedure for the jet mechanic career field from knowledge on all engines to knowledge on the engine that is currently worked by the airman.

What do you like most about being in the United Kingdom? The chance to experience the British way of life

How would you improve life at RAF Lakenheath?

I would build more restaurants and centers for families and teens to eat and relax.

How do you fulfill core values? By doing my best at what's asked of me

and doing what I know is right
What's the most exciting experience you've had in the Air Force? Getting a chance to move the throttle of a -229 engine into augmentation during a test run for the first time

What was the last book you read? Why did you read it? "Muhammad Ali;" I've always been a fan of his, and it was a good chance to find out more details about his life.

Who is your favorite leader in history and why? Nelson Mandela; he shows that sometimes you have to go through tough trials to fulfill your destiny of being someone great.

If you could live in any period of time, when would it be? Why? I'd like to live in the '70s. The music was cool and everything seemed so innocent and fun.



Senior Airman
Antwon Parker
48th Component
Maintenance Squadron

Airman dies of injuries in Kuwait

BOISE, IDAHO (AFPN) — An Idaho Air National Guardsman died of injuries received from a grenade attack on his tent in Kuwait March 22.

Officials announced Maj. Gregory L. Stone died March 25 at a U.S. Army field hospital in Kuwait.

Stone had been serving as an air liaison officer with the U.S. Army's 101st Airborne Division at Camp Pennsylvania in northern Kuwait when the attack on his quarters took place. He was assigned to the 124th Air Support Operations Squadron here.

"Today, our thoughts and prayers are with the family and loved ones of Major Stone," said Brig. Gen. Gary Saylor, 124th Wing commander. "Major Stone upheld the finest traditions of the Air National Guard when he was called to active duty in February and sent to Kuwait to take part in Operation Iraqi Freedom."

Coalition forces strike key target; bombing continues

OPERATION IRAQI FREEDOM (AFPN) — Coalition forces struck several key targets Sunday and Monday in an attempt to disrupt Iraqi military communications, degrade the Iraqi regime's ability to command and control military forces and neutralize the threat from paramilitary forces.

Two coalition aircraft using precision-guided munitions aided by the Global Positioning System targeted a military cable repeater station Monday at Bay Ji, approximately 100 miles north of Baghdad.

On Sunday, coalition aircraft used precision-guided munitions to target the Baghdad exchange communications site, located in the center of Baghdad. Coalition forces also targeted the ministry of information in downtown Baghdad with Tomahawk missiles.

The coalition also struck a gathering of paramilitary forces taking shelter in an unused prison in Ar Rutbah in western Iraq Monday.

Stop loss affects deployed personnel

AIR FORCE PERSONNEL CENTER — Even though the Air Force has identified 99 career fields affected by Stop Loss, all personnel currently deployed are impacted as well.

Responding to erroneous news reports and some confusion in the ranks, officials are reemphasizing how Stop Loss affects deployed airmen.

All deployed airmen are effectively stop loss "in place" until they return from deployment, said Lt. Col. Rich Binger, chief of separations here.

"There is no 'stop movement,' assignment flow is not affected directly by Stop Loss," he said. "But people deployed will not be allowed to rotate home so they can voluntarily separate or retire from the service. They'll have to wait until their deployment is over," he said.

Of those returning from deployments, only those within the targeted career fields will remain in Stop Loss. A waiver process is in place through local military personnel flights or deployed personnel units, officials said.

The program, effective May 2, was enacted to ensure the Air Force had enough people in needed specialties to meet current mission requirements. To ensure only people needed to meet mission requirements are affected, periodic reviews will be accomplished as necessary.

For more information about Stop Loss, call the military personnel flight at 226-5130/5156 or the Air Force Personnel Center's Stop Loss Control Center at DSN 312-665-2374.



Photo by Staff Sgt. Cherie A. Thurlby

Historic bomber package strikes Baghdad

OPERATION IRAQI FREEDOM — A B-2 Spirit, returning from a mission over Iraq, takes on fuel from a KC-135 Stratotanker over the Indian Ocean March 27. On Saturday, for the first time in military history, multiple B-1 Lancer, B-2 Spirit and B-52 Stratofortress long-range bombers targeted the same geographical area at the same time as part of a single strike package. After launching from separate bases, the bombers simultaneously struck leadership and command and control targets of the Iraqi regime in Baghdad using precision munitions.

Federal employees will see increase in pay

WASHINGTON (AFPN) — Most federal employees will soon see a larger 2003 pay increase thanks to an amended Executive Order 13282 providing retroactive locality pay. The increase varies by locality from 0.9 to 1.7 percent and will be retroactive to Jan. 12.

Officials at the Defense Finance and Accounting Service should make retroactive payments to Department of Defense civilians in April and May based on information received from personnel systems.

Federal Wage System employees should receive their retroactive pay in their April 25 paychecks based on timely receipt of personnel records.

General Schedule and other covered employees should receive their retroactive pay by the May 23 paycheck, provided personnel actions are received by late April.



Story and photos by Senior Airman Lynne Neveu
48th Fighter Wing Public Affairs

Angela Groll and Jasmine McCoy, Lakenheath Elementary School students, take a break during soccer practice March 27. Military schools offer many activities throughout the year to keep children engaged and physically fit.



(Above) Alison Scherer, a home-schooler, hits the books during study time. More than 40 families at RAF Lakenheath choose to teach their children at home.



(Left) One of RAF Lakenheath's newest children, Kiera Rudy, sleeps at 11 hours old March 27. She is the daughter of Staff Sgt. Jason Rudy, a firefighter assigned to the 48th Civil Engineer Squadron, and Dana Rudy, school-age program coordinator at the RAF Lakenheath youth center. The nursery staff at the 48th Medical Group deliver about 40 babies a month.

Military children call April their month

Military children are distinctive in their experiences, compared to the average American child. Many get to see not only different areas of the United States, but also destinations around the world that many adults only dream of visiting. Military children are immersed in many different cultures, from the deep south of the United States to the moorlands of the United Kingdom. Children learn to adjust quickly to new schools, friends and customs. This month, the Department of Defense highlights the need to protect military children's adaptability and uniqueness.

April is the Month of the Military Child. Throughout the month, American military bases in the United States and world-wide sponsor and coordinate events specially planned for more than 1 million military dependent children. Activities include picnics, races, softball games and special school events.

The DoD first celebrated the Month of the Military Child in 1974. "What we try to do is let the children who move around the world with their parents know how special and important we think they

are," said Sue Zelenitz, 48th Medical Operations Squadron family advocacy outreach manager.

"The annual event is also held to call attention to the problems of child abuse. National Child Abuse Prevention Month is also held in April," she said.

The Blue Ribbon Campaign Against Child Abuse is a recent awareness campaign which has been integrated with both campaigns to observe all of the past, present and future efforts of preventing child abuse and neglect in the community. National Child Abuse Prevention Month is a time to spread awareness to friends, co-workers and the community by wearing a blue ribbon.

The history of the blue ribbon campaign was initiated by Bonnie Finney of Portsmouth, Va., in 1989. Finney began a personal battle to combat child abuse after the death of her grandson. She tied a blue ribbon around her van's antenna in memory of her grandson Michael "Bubba" Dickinson, whose battered body had been found at the bottom of a canal. Her hope is to make an impact.

"Even if we just change one child's life, it would be worth it," Finney said. "I don't want other parents or grandparents to go through what we're going through."

That single blue ribbon in memory of her grandson led to other campaigns in the national effort to stop child abuse. By everyone wearing a blue ribbon in April, the wearer sends a message of support

of the cause to cease abuse to children around the Air Force and the entire country.

When the value of prevention is recognized, and adequate resources are invested to support prevention activities, child abuse and neglect will hopefully decrease as will the costs involved with the individuals being abused and the society at large, according to Leta Parker, Dover Air Force Base, Del., family advocacy outreach manager.

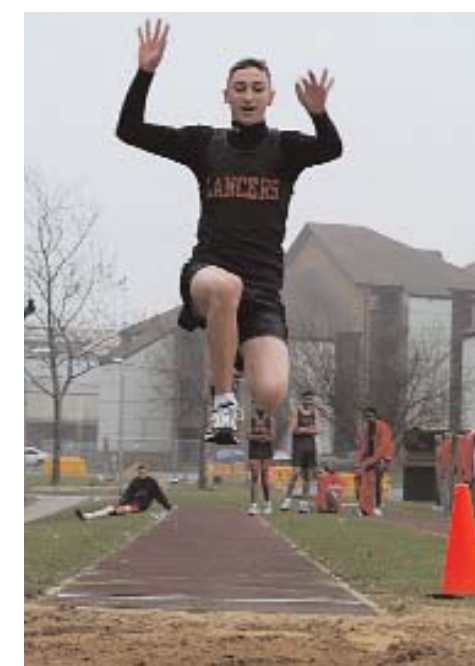
During April, family advocacy provides reading materials and presentations to schoolchildren at the Lakenheath Elementary, Middle and High School and the child development centers. The presentations inform children about self-esteem and child abuse awareness in a non-threatening way.

"The idea is to raise awareness of child abuse and ways to prevent child abuse," said Zelenitz. "Every military member is required to report any suspected case of child abuse to authorities."

In addition to the Month of the Military Child observance, Monday through today is the Week of the Young Child. Week of the Young Child activities focus attention on the importance of the early years for children's learning.

For more information on Month of the Military Child activities, call family advocacy at 226-8070 or the youth center at 226-3180.

(Leta Parker, Dover Air Force Base family advocacy outreach manager, contributed to this article.)



Nick Macseoin, Lakenheath High School student, puts his all into the long jump Saturday at a meet here. High school students have the unique opportunity to travel to many European areas to compete and visit.



Barracudas make more waves

Konrad Korth gives his all while competing in the 200 meter butterfly. The Barracudas ended the regular season with numerous awards.

Photo by Kathy Korth

BY KATHY KORTH

BARRACUDA SWIM CLUB MEET DIRECTOR

The Lakenheath Barracuda Swim Team finished the last of three weekends of races to complete the Suffolk County Championships at Ipswich Crown Pools Saturday.



The championships have challenging qualifying times that swimmers must achieve before entering.

More than 20 Barracudas qualified for individual events, and 19 swimmers participated in the individual event or team relay championships. Individual events ranged in distance from 50 to 1,500 meters with swimmers earning points for each swim. There were 17 events for swimmers to participate, and nine age categories.

"The swimmers and coaches had a great time and we are looking forward to next year with more of our swimmers qualifying and participating," said Head Coach Pete Peters. "Konrad Korth and Joshua Davendonis showed superior efforts and leadership for our team in swimming 12 events each."

Coaches Beth Peters, Erin Strong and Nicole Smith also advised and cheered the Barracudas on.

Four Barracudas placed in the overall top-12 ranking for their age groups and were recognized with awards by the Suffolk

County Amateur Swimming Association.

□ Konrad Korth, 13, placed third overall in his age group. He swam in 12 events, achieving personal bests in all, and placed in the top three in all his races. Korth also earned four Midland District qualifying times.

□ Joshua Davendonis, 14, placed 11th overall in his age group in his second year at the championships, moving up from last year

as 12th overall. He received personal bests in the five races.

□ Tierney Czapiewski, 9, participated in the youngest age category and came away with sixth overall. Tierney swam in three events, achieving personal bests in all her swims.

□ William Peters, 16, placed 10th overall in his age group. He swam in four events and had two personal bests.



Spring into sports

(Left) Lakenheath High School Varsity Lancer Andrea McCoy, sophomore, pitches against an RAF Alconbury batter during a tournament game here Saturday. LHS won all five games, with three shutouts. **(Below)** LHS track team members jump at the start of the men's 100 meters during the Saturday meet held here. The practice meet allowed Lancers to get a feel for the atmosphere and pace of upcoming competitions.



Photos by Senior Airman Lynne Neveu

Be prepared for challenges

BY COL. JAMES E. KING JR.

48TH DENTAL SQUADRON COMMANDER

We live in a complex world, constantly facing many challenges. These challenges come in all shapes and sizes. Some are small, some larger. The nature of our jobs and the environment that we live in can sometimes be overwhelming. With the extraordinary situations we sometimes face as military members and military families, challenges are something each of us must address and be prepared for. Almost all military members, at one time or another, will be confronted with issues dealing with separation, deployment, military action, money matters, frequent moves and any number of other potential challenges in our lives.

As a young man, many of my favorite memories involved my scouting activities. Lord Baden Powell, the founder of the Boy Scout movement, was a British military leader and taught many skills he learned through his military experience to young men. Besides the Scout Oath and the Scout Law, one of the things that has stuck with me most of my life is the Scout Motto, "be prepared." An easy phrase, but one that is so hard to put into action. Still, how well we prepare, plan and practice can determine if we are able to meet the mission, goals and challenges we face.

We prepare and practice each day, developing skills that we may never need to use. We never know when those skills learned

through practice will be applied to the challenges around us. Our preparation will determine our success. Those currently fighting the wars in Iraq and Afghanistan are using the skills they learned. They prepared for the situations they now face.

Diligent training, applied to the challenges they are now in, will carry them through their individual battles to a successful conclusion.

Our own preparation will determine our success. Is each of us prepared? Do we have a plan for success? We should have goals that will help us be prepared. We should try to be mentally, emotionally, physically and financially ready for whatever challenges life brings. Making priorities and planning for the future will make our lives happier and more successful, not only today, but also tomorrow.

How do we prepare? Most of the time it is easier said than done. Look around for the potential needs you or your family might have. Set goals individually and as families. Set some money aside. Develop a talent. Exercise at the fitness center. Read a book to exercise your mind. Practice the skills that will make you and your unit mission-ready. Practice operational security. Be observant for potentially dangerous situations. Set some food aside. Buy some gas coupons in case of emergency. Make a will. Ensure your family-care plans are in order. Practice a healthy lifestyle. The list goes on and on.

Start today. One goal at a time. Be prepared.



Lord Baden Powell

Prioritizing smooths career transition

BY LAURIE GHARIS

FAMILY SUPPORT CENTER

I have always prided myself on being a proactive person. I am almost always ready for the future. I do not predict the future, but I usually have a good idea of what the future will bring and how to prepare for it. However, I find myself focusing on details lately rather than the big picture. I seem to be finishing tasks at the last minute without any time to spare.

The last-minute tasks can be extremely stressful on the body and the mind. Furthermore, last-minute tasks never seem to be high quality or to reflect positively on the person.

This realization did not make me proud. Where was I going wrong? How could I become proactive once again? My analysis brought me back to a Stephen Covey book I read several years ago, "The Seven Habits of Highly Effective People." The book's first three habits help set priorities; they are:

☐ Focus on responsibility and the ability to choose how you respond;

☐ Determine what is important in life and define the goals needed to achieve that which is important;

☐ Put first things first.

Since I work for the family support center, I will use it as an example of how to apply the habits to everyday life.

An ideal program is our transition assistance program; this program helps people who are transitioning out of the military find jobs, apply to schools and plan their futures. If Covey's habits were to be used in this program, then an individual separating from the military would take responsibility for himself by defining goals and planning how to reach them.

For example, the individual would begin the process of finding work 10 to 12 months prior to separating. He or she would

determine what was feasible and what was not feasible in terms of pay, fields and locations.

A servicemember separating from the military would start searching for work early so that a job was waiting when he or she separated. Starting early and putting first things first would relieve a tremendous amount of stress for this person and for everyone around him or her.

Our mission at RAF Lakenheath is too important for us to be concentrating on personal or outside issues. We should all focus on the big picture – the wing mission. To be effective, we must be prepared. We must be high quality.

Many people count on us at RAF Lakenheath. We cannot let them down.

"We should all focus on the big picture – the wing mission. To be effective, we must be prepared. We must be high quality."

Laurie Gharis
Family support center

Courtesy photo



Discover Britain

By Sal Davidson – Community Relations Adviser



A “TITANIC” EXHIBITION

The history

The oceanliner Titanic sailed from her company's home port of Southampton, England, on her maiden voyage April 10, 1912. Five days later, in the early hours of the morning April 15, the liner, which people said was unsinkable, struck an iceberg and sank. There was great loss of life – more than 1,500 people died in the icy waters because of the lack of lifeboats.

It took a few days for the enormity of the tragedy to reach the United Kingdom. Early reports suggested that Titanic had struck an iceberg but was merely damaged and under tow on its final leg of the journey to Halifax, Nova Scotia.

The Science Museum

The Artefact Exhibition at the Science Museum in London is a fascinating collection of authentic artefacts raised from the seabed, intertwined with the real stories of those aboard the Titanic. It opens May 16 and continues until Sept. 28.

More than 200 artefacts, which were raised 2.5 miles from the seabed 90 years after the White Star liner sank, will be on display, together with atmospheric recreations of the ship's bridge and first- and third-class cabins.

Among the artefacts are:

- ☐ An amazing 2.5 ton section of Titanic's hull
- ☐ The original ship's bell – rung when Titanic's lookout

Frederick Fleet shouted, “Iceberg right ahead!”

- ☐ White Star Line china
- ☐ Passengers' personal belongings, including clothing, jewellery and even banknotes and papers, which survived 90 years at the bottom of the Atlantic Ocean

- ☐ Perfume bottles, which still have scents lingering

The exhibition takes visitors on a chronological journey through the life of the Titanic, from its conception to its construction – which took 15,000 men more than three years to complete – from life on board to the tragic sinking on April 15, 1912.

Visitors receive a reconstruction of the original White Star boarding pass when they first enter, and on it is a name of an actual passenger who was onboard the ship and what class the passenger would have been in.

Authentically recreated first- and third-class cabins will be featured with furnishings made by original manufacturers. People can explore the story of the passengers from the first-class millionaires to the third-class migrants. Visitors get an understanding of their reasons for and expectations of travelling to America.

In The Iceberg Gallery, visitors can touch an artificial iceberg, created to give an indication of how cold it was in the Atlantic Ocean. In the early hours of the morning of April 15, 1912, the waters were -4 degrees.

The exhibition also reveals the cutting-edge science and technology used to recover and preserve hundreds of artefacts, which allows visitors to appreciate the challenges of bringing these items two and a half miles to the surface 90 years after Titanic sank.

At the time, Titanic was hailed as the greatest ship in history. The passengers who boarded were leaders of commerce, artists, migrants, mothers, fathers, sons and daughters.

The story of the Titanic has been told and retold, but this collection is more poignant than the glitz of the Hollywood movies. Painstakingly recovered from the debris field surrounding the wreck, and carefully conserved, these objects represent the ship and the 2,228 people who journeyed with her into history.

The exhibition concludes with the Memorial Gallery, which provides a list of all 2,228 people who were lost or saved. Only then will you discover if the person on your allocated boarding pass was lost or saved.

Visitors can also read the newspaper reports of the day along with reports of the hearings held in the U.S. Senate and by Britain's Board of Trade, which examined the disaster.

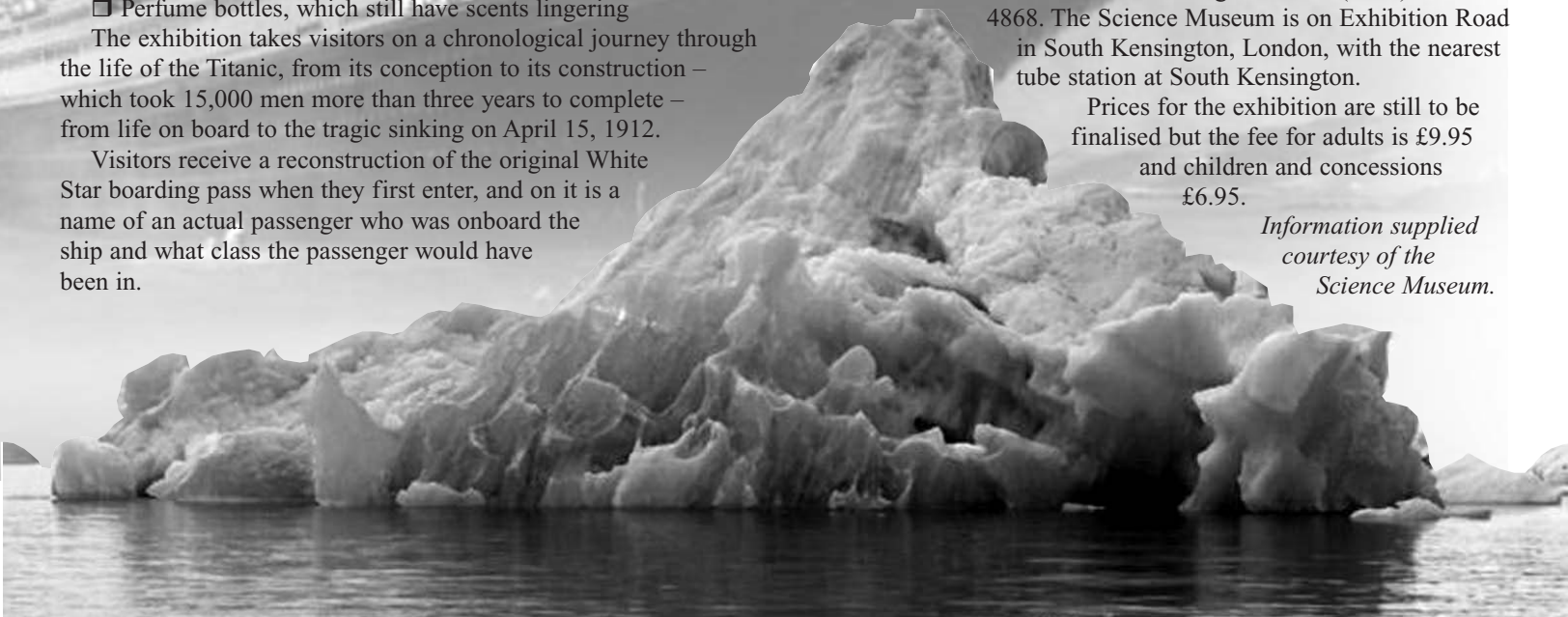
For more information on the Science Museum, visit

www.sciencemuseum.org.uk or call (0870) 870

4868. The Science Museum is on Exhibition Road in South Kensington, London, with the nearest tube station at South Kensington.

Prices for the exhibition are still to be finalised but the fee for adults is £9.95 and children and concessions £6.95.

*Information supplied
courtesy of the
Science Museum.*



Courtesy photo

For more information on living in Britain, look in the British community information public folder, or call Sal Davidson, community relations adviser, at 226-3145, or e-mail sal.davidson@lakenheath.af.mil.



Briefs

Maundy Thursday ceremony

The W.E.B. Dubois Consistory hosts its annual Maundy Thursday public observance ceremony from 6 to 9 p.m. April 17 at the Eagles' Landing. Tickets are \$20, which include a meal.

Commissary notes

❑ The Gift of Groceries program allows authorized users to purchase commissary gift certificates which can be donated to military families through charitable organizations or given directly to military friends and family who are authorized shoppers. The certificates may be used at any of the 280 commissaries worldwide. Certificates may be purchased by visiting www.commissaries.com.

❑ Guard and Reserve members who are not activated for federal service need a commissary privilege card and their military ID card to use their annual 24 shopping days at the

commissary. Servicemembers can go to their local unit to get information concerning the CPC. For more information on Guard and Reserve shopping privileges, visit www.commissaries.com/guard_reserve.

Services survey

The biannual PRISM survey is a random survey distributed to assess services squadron programs and facilities at Air Force installations. The responses from this survey help services squadron managers assess customer needs, increase activity participation and make business decisions. People who receive this survey should fill it out and return it in the envelope provided.

Stars of Great Britain chapter

Stars of Great Britain Chapter 45 meets at 1 p.m. the second Saturday of the month at RAF Feltwell. The group offers Washington and Jurisdiction District Nine social events, charity fund-raisers, monthly brunches and a study club.

Self help store hours

The self help store opens from 10 a.m. to 2 p.m. Saturdays, from Saturday through Sept. 27. Spring flowers are available at 8 a.m. Fridays until May 1, except April 18, for military family housing occupants. Flowers will be issued until all have been given. Customer services during the flower issues will be restricted to picking up bedding plants only and will return to full operations after the plant issues.

Tax center

The 48th Fighter Wing tax center hours are from 9 a.m. to 4 p.m. Mondays through Thursdays for walk-ins and drop-offs. Appointments can also be made. If due a refund from the IRS, people have until June 16 to file. People overseas get an automatic two-month extension. However, people who owe must file by April 15 to avoid paying penalties and interest. To schedule an appointment, call 226-1805 or e-mail tax.center@lakenheath.af.mil.

Events

Airman's pantry location

The Airman's Food Pantry and thrift store have moved to the building, next to Electric Avenue and the Eagles Landing. To volunteer, call Dawn Damato at (01638) 532396.

Fashion show

Karl Kani and the Army and Air Force Exchange Service present their new spring clothing line at a fashion show, that features local teenagers, Sunday at the base exchange.

CHAPEL SERVICE SCHEDULE

Catholic

RAF Lakenheath

- ❑ Saturday Mass – 5 p.m.
 - ❑ Sunday Mass – 9:30 a.m.
 - ❑ Daily Mass – 11:30 a.m. Monday, Tuesday, Thursday and Friday
 - ❑ Communion Service – 11:30 a.m. Wednesday
- RAF Feltwell*
- ❑ Sunday Mass – 11:30 a.m.

Protestant

(All Protestant services held on Sundays unless otherwise stated)

RAF Lakenheath

- ❑ Gospel Service – 8 a.m.
- ❑ Sunday School – 9:30 a.m.
- ❑ Traditional Service – 11 a.m.
- ❑ Contemporary Service – 6 p.m.

RAF Feltwell

- ❑ Sunday School – 8:45 a.m.
- ❑ Protestant Service – 10 a.m.

For more information, call 226-3711.



Denominational Services

- ❑ Jewish – Events at RAF Mildenhall chapel:

Sabbath Services are at 6 p.m. the second and fourth Fridays of the month and at 10 a.m. every third Saturday. For more information, call 238-2822.



Photo by Tech. Sgt. Claudette Hutchinson

Brass and blues

Staff Sgt. Jeff Reich, Tech. Sgt. Lawrence Price and Staff Sgt. Jim Manette, of the U.S. Air Forces in Europe Five Star Brass Band, perform at the Liberty Club during the club's membership buffet March 28.

MOVIES

RAF Lakenheath, 226-2139

Today
6:30 p.m., **Just Married**, PG-13, starring Ashton Kutcher and Brittany Murphy. Two young newlyweds from a wealthy family find that the perfect honeymoon in Venice is turning out to be the worst one imaginable. Can the marriage, which many of their friends and family said was a bad idea, survive the celebration?
9:00 p.m., **The Hunted**, R, starring Tommy Lee Jones and Benicio del Toro. Tommy Lee Jones is an FBI deep-woods tracker who captures an assassin who makes a sport of killing deer hunters. When the killer escapes in the city, he must team up with another agent to hunt down this thrill killer before he starts to hunt them.
Saturday
1:00 p.m., **The Wild Thornberrys**, PG, Animated. Eliza and Debbie are two sisters who don't always get along. But their relationship is put to the test when Debbie's life is in danger, and Eliza might have to give up her power to talk to animals.
3:30 p.m., **Pinocchio**, G, starring Roberto Benigni and Nicoletta Braschi. Pinocchio the wooden puppet has come to life. Despite guidance from the Blue Fairy and the love of his father Gepetto, his curious spirit leads him into one wild adventure after another.
6:30 p.m., **Lord of the Rings: The Two Towers**, PG-13, starring Elijah Wood and Sean Astin. The second in the Tolkien trilogy. Frodo the hobbit braves terrible dangers in an attempt to have the evil ring destroyed.
9:00 p.m., **The Hunted**, R
Sunday
4:00 p.m., **Pinocchio**, G
6:30 p.m., **The Hunted**, R
Monday
6:30 p.m., **Adam Sandler's Eight Crazy Nights**, PG-13, Animated. Davey is lurching down a wayward path. He's facing prison when Whitey proposes that Davey work with him at the community center as a referee for the local basketball league. But the true test is whether Davey can rise above his self-destructive habits
Tuesday
6:30 p.m., **Star Trek: Nemesis**, PG-13, starring Patrick Stewart and Jonathan Frakes. The Romulan Empire is thrown into disarray when Shinzon, an exiled slave on the sister planet of Remus, murders the entire senate of the Romulus homeworld. Now, the mad man wants to use the crew of the enterprise in his scheme to incite a revolution.
Wednesday
6:30 p.m., **The Hunted**, R
Thursday
6:30 p.m., **National Security**, PG-13, starring Martin Lawrence and Steve Zahn. Earl and Hank are both L.A.P.D. rejects. As lowly security guards they uncover a sophisticated smuggling operation. These two unlikely partners just might save the day.

RAF Mildenhall, 238-2351

Today
6:30 p.m., **A Guy Thing**, PG-13, starring Jason Lee and Julia Stiles. Paul tells a teensy lie, which turns into a bigger lie. From his bachelor party to the wedding, soon his lies are spiraling out of control. It's amazing how much can change because of one little thing.
9:30 p.m., **DreamCatcher**, R, starring Donnie Wahlberg and Jason Lee. Four young friends perform a heroic act, and in the process are transformed forever by receiving special powers. Years later, now grown, the four reunite for a hunting trip in the Maine woods. The trip is soon interrupted by a stranger, and the friends must band together to battle a mysterious alien force as the future of the earth hangs in the balance.
Saturday
Noon, **Harry Potter and The Chamber of Secrets**, PG, starring Daniel Radcliffe and Alan Rickman. Harry and friends return for their second year at Hogwarts, where things are far more intense than before. This tale will be darker and a bit more frightening, as the young Harry begins to come into his own as a wizard while doing battle with Draco Malfoy, the Slytherin Quidditch team and an evil and powerful new foe.
4:00 p.m., **Kangaroo Jack**, PG, starring Jerry O'Connell and Anthony Anderson. Two friends from Brooklyn are forced to deliver mob money to Australia. When one of them places his red jacket on a kangaroo and the kangaroo bounces off, they realize the mob money is in the jacket and are forced to give chase through the Outback.
6:30 p.m., **DreamCatcher**, R
9:30 p.m., **DreamCatcher**, R
Sunday
1:00 p.m., **Treasure Planet**, PG, Animated. Fifteen-year-old Jim Hawkins joins the crew of an intergalactic expedition as cabin boy aboard a glittering space galleon. Befriended by the ship's cook, a charismatic cyborg named John Silver, Jim blossoms under his guidance and shows the makings of a fine "spacer" as he and the alien crew battle supernovas.
4:00 p.m., **Kangaroo Jack**, PG
6:30 p.m., **DreamCatcher**, R
Monday
6:30 p.m., **Catch Me If You Can**, PG-13, starring Leonardo DiCaprio and Tom Hanks. Frank lived a life of crime using his abilities forger and escape. FBI agent Shayne, respected his abilities so much that he eventually worked out the deal that got him out of prison after just five years.
Tuesday
6:30 p.m., **Antwone Fisher**, PG-13, starring Derek Luke and Denzel Washington. Antwone is ordered to see a Navy psychiatrist to learn to control the anger impulses that cause him to fight with shipmates. His therapy inspires him to seek out the family that abandoned him as a child.
Wednesday
6:30 p.m., **Two Weeks Notice**, PG-13, starring Sandra Bullock and Hugh Grant. George doesn't make a move without Lucy, his Chief Counsel at Wade Corp. It's not the job that's getting to her. It's George. After 5 years of calling the shots, on everything from his clothes to his divorce settlements, Lucy is calling it quits.
Thursday
6:30 p.m., **DreamCatcher**, PG-13

Earth week volunteer opportunities

Volunteers are needed April 21 to 26 for the following activities: environmental agency information trailer, landscaping of Red Lodge Nature Reserve, Lakenheath Warren cleanup, West Stow Country Park project, face painting at the base exchange, sorting at the recycling center and storytelling at the child development center.

Poetry contest

The RAF Lakenheath community center hosts its annual Spring Poetry Contest. The deadline for submission is April 28 and judging in four age categories is April 30.

Youth

Homeschool fair

The L.I.F.E. homeschool support group hosts an information fair from 10 a.m. to 2 p.m. Saturday at the RAF Lakenheath chapel. Teaching materials are available for viewing and the opportunity to discuss them with experienced homeschoolers. Free catalogs are offered and information on legalities in different states. For more information, contact LIFEGrp@btopenworld.com.

Gymnastics clinic

The RAF Lakenheath youth center hosts a gymnastics clinic Monday through Thursday. Times vary daily for the different skill levels.

School registration

Registration for RAF Lakenheath and RAF Mildenhall students is 9 a.m. to 2 p.m. April 14 to 18 at the individual schools. A make-up day for the Department of Defense Dependents Schools 2003-2004 school year will be from 11 a.m. to 2 p.m. April 22 at the RAF Mildenhall Youth Center and from 11 a.m. to 2 p.m. April 23 in the small gym at Lakenheath High School.

Month of the military child

The family support center and family advocacy clinic offers information fairs and children's programs throughout April with support from the community center, child development center and education and developmental intervention services.

Accelerated class for PCS students

Department of Defense Dependents Schools students whose parents are PCSing to the United States 20 days or less before the end of the semester can earn semester credit. Application must be made four weeks prior to the withdrawal date and completed and returned to the counselor's office within two days. Students may request assignments and tests to earn credit for their classes before the end of the school semester. The earliest day a student

whose sponsor is PCSing may leave and still receive credit for the semester is May 15. The counselor must receive the application one month prior to this date.

High school students whose sponsors are not PCSing, but who are leaving school prior to June 12, will receive the current grade up to that point for classwork. A student who leaves school prior to June 12 and does not finish his or her work will not receive semester credit for classes taken during that semester. In elementary school, if a student withdraws on or after May 15, the classroom teacher will enter next year's placement on the report card. Elementary students who PCS before May 15 will get a grade to date and will not have grade placement.

Scholarship deadlines

The following is a list of college scholarships and deadlines for Lakenheath High School Seniors: Air Force Club essay, July 15; AAFES New Car Sales, April 7; LHS Round Table Senior Scholarship, April 16; Stars and Stripes journalism scholarship, April 30; educational communications scholarship, May 15; Data Match National scholarship applications must be postmarked by May 15.

Mildly III Child-Care Program

The child development center offers Mildly III Family Child-Care registration 7 a.m. to noon Monday at Child Development Center West and 1 to 5 p.m. Monday at the youth center. Registration is for children enrolled in full-time programs with the CDC. The child's shot record is needed.

Classes

Family support center classes

- Monday**
11 a.m. – Mandatory pre-separation briefing
1 p.m. – E-4 and below financial briefing
Tuesday
2 p.m. – Basic investing
4 p.m. – Common sense parenting
Wednesday
9:30 a.m. – Questions and answers: Living in Britain (Held at Beri Tree's Coffee-House)
1 p.m. – PCS with ease
1 p.m. – Financial foundations
1 p.m. – Resume writing
4 p.m. – Common sense parenting
6 p.m. – Bereavement support group
Thursday
2 p.m. – U.S. home buying
4 p.m. – Kids on the move
April 11
8:45 a.m. – Newcomers' bus tour
April 12
9 a.m. – Marriage enrichment program